

# LYME DISEASE & PUBLIC SPACES

UNDERSTANDING LYME DISEASE AND THE RISKS CAN PROTECT YOURSELF AND YOUR FAMILY.



## LEARN ABOUT LYME DISEASE

- Approximately 476,000 Americans annually contract Lyme disease.
- Children and the elderly are most often at risk.
- Lyme disease can cause skin rashes, severe joint pain, palsy, brain fog, and heart disease.
- Lyme Disease can be a lifelong, debilitating, and sometimes fatal disease.

## UNDERSTAND THE RISKS OF LYME DISEASE

- Ticks that can carry Lyme disease bacteria are found in half of all U.S. counties.
- Ticks contract Lyme disease bacteria mostly from feeding on already-infected mice.
- Mice and ticks live everywhere, particularly in shaded areas, such as trails, woods along fields, and other non-manicured areas.
- All ticks are dangerous. The most dangerous ticks are tiny, infected nymphs (arrow right).





## ACT TO PROTECT PUBLIC SPACES

- Consider using repellents
- Perform tick checks
- Wear long sleeves and pants
- Tuck your pants into your socks
- Shower immediately after you go inside

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contract **LYME DISEASE.**

## THE LYMESHIELD SYSTEM

### FIGHT LYME BACTERIA AT THE SOURCE

- A new way to reduce this infection is by delivering oral vaccine pellets to the mice.
- The pellets help prevent the mice from being infected. Non-infected mice cannot infect ticks.
- The pellets are applied by pest-management professionals and park personnel annually spring through summer.
- The pellets are applied to areas where mice usually harbor and forage.

**For more information about the LymeShield System, ask your park personnel today.**



**LymeShield**<sup>®</sup>

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