

LYME DISEASE

UNDERSTANDING LYME DISEASE AND THE RISKS CAN PROTECT YOURSELF AND YOUR FAMILY.



LEARN ABOUT LYME DISEASE

- Approximately 476,000 Americans annually contract Lyme disease.
- 74% of infected ticks are found in residential spaces, like backyards.
- Children and the elderly are most often at risk.
- Lyme disease can cause skin rashes, severe joint pain, palsy, brain fog, and heart disease.
- Lyme Disease can be a lifelong, debilitating, and sometimes fatal disease.



UNDERSTAND YOUR FAMILY'S RISK

- Ticks that can carry Lyme disease bacteria are found in half of all U.S. counties.
- Ticks contract Lyme disease bacteria mostly from feeding on already-infected mice.
- Mice and ticks live everywhere on your property, particularly in shaded areas, such as leaf litter, wood piles, mulch piles, and areas with tall grass.
- All ticks are dangerous. The most dangerous ticks are tiny, infected nymphs (see right).





ACT TO PROTECT YOUR FAMILY

Going outdoors? Gardening? Taking a walk in your backyard? Protect yourself, your family, and your pets by:

- Consider using repellents
- Perform tick checks
- Wear long sleeves and pants
- Tuck your pants into your socks
- Shower immediately after you go inside

Need a solution for your yard? Contact your pest management professional for more information.

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contract **LYME DISEASE.**

TAKE ACTION

- [cdc.gov/lyme](https://www.cdc.gov/lyme)
- [lymediseaseassociation.org](https://www.lymediseaseassociation.org)
- [globallymealliance.org](https://www.globallymealliance.org)
- [usbiologic.com](https://www.usbiologic.com)

