

Approximately
476,000 PEOPLE
are diagnosed with
LYME DISEASE
each year in the U.S.



TAKE ACTION

- [cdc.gov/lyme](https://www.cdc.gov/lyme)
- [lymediseaseassociation.org](https://www.lymediseaseassociation.org)
- [globallymealliance.org](https://www.globallymealliance.org)
- [usbiologic.com](https://www.usbiologic.com)



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LYME DISEASE



LEARN



UNDERSTAND



ACT

LYME DISEASE

UNDERSTANDING LYME DISEASE AND THE RISKS CAN HELP YOU PROTECT YOURSELF AND YOUR FAMILY.



LEARN ABOUT LYME DISEASE

- **APPROXIMATELY 476,000** Americans are diagnosed with Lyme disease each year.
- Children and the elderly are most often diagnosed with and treated for Lyme disease.
- Lyme disease can cause skin rashes, severe joint issues, neurological disorders, and even death due to heart disease.
- Lyme can be a chronic, debilitating disease.
- Lyme disease bacteria are carried by ticks that are found in half of all U.S. counties.

UNDERSTAND YOUR FAMILY'S RISK

- **74%** of infected ticks are found in outdoor spaces at your home, like backyards.
- Ticks contract Lyme disease bacteria mostly from the mice that live in your yard.
- Mice and ticks live around the edges of your yard but can be found anywhere on your property, particularly in shaded areas, such as leaf litter, woodpiles, mulch piles, and areas with high grass.
- All ticks are dangerous. The most dangerous ticks are infected **tiny nymphs** (noted above).

ACT TO PROTECT YOUR FAMILY

GOING OUTDOORS? Gardening? Taking a walk in your backyard? Protect yourself, your family, and your pets by:

- Considering using repellent
- Performing daily tick checks
- Wearing long sleeves/pants
- Tucking your pants into socks
- Showering immediately after you go inside

NEED A SOLUTION FOR YOUR YARD? Contact your pest management professional for more information.